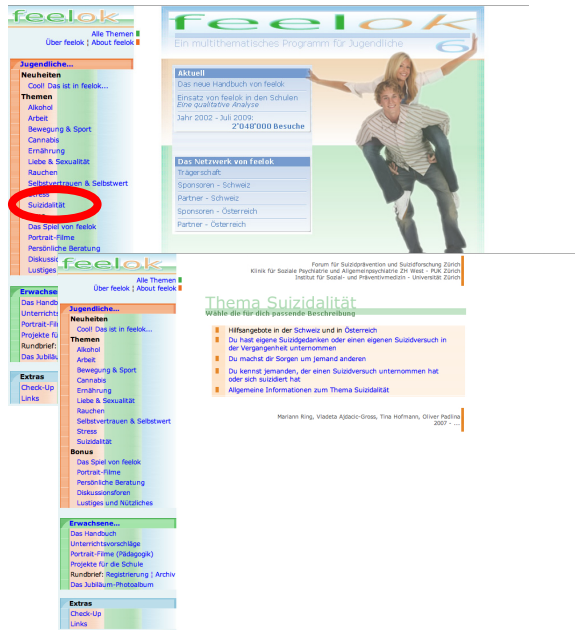


'Suicidality' a module on the multi-themed website for adolescents - www.feelok.ch

How does it differ to other suicide prevention information platforms?

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What is feelok?

feelok is an internet based intervention program addressing young people aged between 12-18 yrs old

Aim: promoting health and well being

Content: life-, health- and prevention relevant information for adolescents and teachers

Themes: alcohol, smoking, physical exercise, work, self-confidence and self-esteem, stress, love, sexuality, stress, nutrition, and cannabis

the module "suicidality" was embedded in summer 2007

Why the topic 'Suicidality' on www.feelok.ch?

- feelok is a well established and unique program used in school-settings
- it is very popular with the target group (♂ and ♀) and among teachers
- 1200-1400 visits per day on feelok
- free and easy access 24-hour a day
- german language
- removal of taboos one can talk and/or inform about suicidality like about other issues (e.g. smoking, love..)
- the modul suicidality offers concrete information on how to act and where to seek further help



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